

# BIBLICAL STUDY OF THE EIGHT PRIMARY WAYS GOD

## HEALS IN THE BIBLE

Jesus is our Great Physician and His power, knowledge and abilities are without limitation because He is Jehovah-Rapha, our God who heals.

Exodus 15:26 says:

*“And said, If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the Lord that healeth thee.”*

According to Strong's Concordance. . .the very name of God. . .Jehovah-Rapha reveals He is “. . .the Lord that healeth thee.” (H7495)

The fact that Jesus would pay the price for our healing was prophesied 700 years before His birth by the prophet Isaiah. In fact, Isaiah 53:4-5 says:

*“Surely He has borne our griefs (sicknesses) and carried our sorrows (pains); yet we esteemed Him stricken, smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed.”*

Isaiah prophesied long before Jesus ever walked the earth as a man. . .long before He was crucified and resurrected. That's why some people who don't believe in divine healing cite this verse as historical fact with no spiritual application.

However, we cannot ignore the words of Matthew 8:16-17 which says:

*“When evening came, they brought to Him many who were under the power of demons, and He drove out the spirits with a word and restored to health all who were sick. And thus He fulfilled what was spoken by the prophet Isaiah, He Himself took [in order to carry away] our weaknesses and infirmities and bore away our diseases.”*

When Jesus allowed Himself to be betrayed, falsely accused, wrongly condemned and horribly crucified. . .when He allowed His body to be beaten beyond recognition . . . His feet and hands nailed to a cross for something He didn't do. . .our iniquity was nailed to the cross with Him.

At that very moment, our healing became of part of the atonement and thus included in our benefit package forever.

There are two kinds of healing.

First, there is natural healing which comes through plenty of rest, proper nutrition and exercise and doctors prescribing medications that aid the natural healing process.

Second, there is supernatural healing. God does heal through doctors and medicine but it takes the supernatural power of God to break all the power of the devil who brings on sickness and disease through humanity sin as explained in Luke 13:16:

*“And ought not this woman, being a daughter of Abraham, whom Satan hath bound, lo, these eighteen years, be loosed from this bond on the sabbath day?”*

Just speak the Word.

Matthew 8:5-8 in The Living Bible says:

*"When Jesus arrived in Capernaum, a Roman army captain came and pled with him to come to his home and heal his servant boy who was in bed paralyzed and racked with pain. "Yes," Jesus said, "I will come and heal him." Then the officer said, "Sir, I am not worthy to have you in my home; and it isn't necessary for you to come. If you will only stand here and say, 'Be healed,' my servant will get well!"*

Healing is not hit or miss. **Healing is not a . . . sometimes He does and sometimes He doesn't situation.**

God always heals by the power of, and through the gifts of, the Holy Spirit as stated in I Corinthians 12:7-9. The New Living Translation says:

*"A spiritual gift is given to each of us so we can help each other. To one person the Spirit gives the ability to give wise advice; to another the same Spirit gives a message of special knowledge. 9 The same Spirit gives great faith to another, and to someone else the one Spirit gives the gift of healing."*

We receive the gift of healing. There are primarily eight ways through which God heals.

Consequently, it is important to **locate the method through which you can release your faith.**

Let's take a look at those eight ways that God heals.

## **1. Asking in the name of Jesus.**

John 16:23 in the Amplified Bible says:

*"In that day you will not [need to] ask Me about anything. I assure you and most solemnly say to you, whatever you ask the Father in My name [as My representative], He will give you."*

The Living Bible version of John 16:23 says:

*" . . . he will give you what you ask for because you use my name."*

There is **power** in the name of Jesus. . . there's **deliverance** in the name of Jesus and there's **healing** in the name of Jesus.

When Peter and John encountered the lame man at the gate of the temple which is called beautiful. . . healing virtue was released through the name of Jesus.

Acts 3:3-9 says:

*"Who seeing Peter and John about to go into the temple asked an alms. 4 And Peter, fastening his eyes upon him with John, said, Look on us. 5 And he gave heed unto them, expecting to receive something of them.*

*6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.*

*7 And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received strength.*

*8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.*

*9 And all the people saw him walking and praising God."*

Peter created expectation in the man when he said *“silver and gold have I none but such as I have give I thee.”*

When Peter said “in the name of Jesus” he was **loosing the supernatural power of God in one word. . . Jesus.**

The man was not healed in the name of Peter or in the name of John. . . he was healed in the name of Jesus.

### **How are all miracles manifested?**

Acts 4:30 in the Amplified Bible says:

*“While You extend Your hand to heal, and signs and wonders (attesting miracles) take place through the name [and the authority and power] of Your holy Servant and Son Jesus.”*

## **2. Laying on of hands.**

Not only is there a Biblical doctrine of laying on of hands but the scripture is very specific about how we’re to approach this matter.

Hebrews 6:2 in the Amplified Bible says:

*“Of teaching about washings (ritual purifications), the laying on of hands, the resurrection of the dead, and eternal judgment. [These are all important matters in which you should have been proficient long ago.]”*

The laying on of hands is for today. . . even as I was typing these words. . . **I felt a shooting pain on the left side of my head.** I laid hands on it and commanded it to flee. . . and it did. God is good. . . and His Word is true.

Not back to Hebrews 6:2. . . the scripture says that **YOU should be proficient in the laying on of hands.**

It doesn’t just say. . . the pastors, evangelists, elders or any other named group. . . it says YOU. . . that’s you and me. . . must be proficient in the laying on of hands.

How do you become proficient at something. . . by doing it.

God also wants us to clearly understand and visualize how we can touch people’s lives through our hands.

The scriptures are filled with miracles performed simply through the laying on of hands as a point of contact.

**When God looks at our hands, He sees unlimited potential for blessings, miracles, and prosperity. We have that authority as believers!**

John 3:35 says:

*“The Father loved the son and placed everything in his hands.”*

When the soldiers came to take Jesus captive in the Garden of Gethsemane, **the first thing they did was to bind His hands.** Why?

. . . those hands had made mud, placed it on the eyes of a blind man that allowed him to instantly see.

. . . those hands took the five loaves and two fishes from a young lad and fed a multitude of people.

. . .those hands had been a point of contact for a great host of people who found **His healing touch brought instant relief to their sick and suffering bodies.**

. . .those hands had resurrection power – AND so do yours.

John 14:12 says:

*“He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.”*

God very specifically listed in His Word how we are to use our hands to save the lost, heal the sick, deliver the oppressed and finance the end-time harvest.

But it starts with you realizing He’s placed power in your hands. . .

Proverbs 3:27 says:

*“Withhold not good from them to whom it is due, when it is in the power of **THINE HAND** to do it”*

### **3. Anointing with oil.**

James 5:14 in The Living Bible says:

*“Is anyone sick? He should call for the elders of the church and they should pray over him and pour a little oil upon him, calling on the Lord to heal him.”*

I read this verse in a dozen translations . . . and each began with the same question **“Is anyone among you sick.”**

The passage **does not limit or restrict the number of people who can be healed.** There’s no qualifying factors for those who will be healed. It applies to everybody.

**Anointing oil symbolizes the reality of the anointing of the Holy Spirit.**

Smith Wigglesworth designed and carried a specially made leak-proof vial of oil to use in his ministry. He would ask people what was going to happen when he anointed them with the oil in Jesus’ Name.

Mr. Wigglesworth was encouraging them to have faith in the Word of God until they gave a positive reply.

Let’s be clear. . .the oil doesn’t heal the sick. . .it’s just a symbol and point of contact to stimulate the release of faith in God’s Word.

Healing comes by faith in the Word of God. **Those who believe. . .receive. . .those who doubt. . .don’t.**

### **4. Casting out the spirit of infirmity.**

Another method of healing is by casting out the devil.

Luke 13:11-13 says:

*“And there was a woman who for eighteen years had had an illness caused by a spirit (demon). She was bent double, and could not straighten up at all. 12 When Jesus saw her, He called her over and said to her, “Woman, you are released from your illness.” 13 Then He laid His hands on her; and immediately she stood erect again and she began glorifying and praising God.”*

Some people don’t like to hear the word “devil” and, consequently, they’ve been bound so long they don’t even think devils exist.

Nonetheless, Jesus spent a third of His ministry casting out devils – spirits of deafness, blindness, infirmities, insanities, convulsions, and palsies. The devil is cast out by the authority of Jesus Christ.

Some ministers major in deliverance, and they think the only way anyone can get healed is for someone to cast the devil out. That is only one of the primary ways that God heals and delivers today. It is not the only one, but in some cases casting the devil out is the way the person needs to receive his healing. I use that method as the need arises.

## 5. The prayer of agreement.

Matthew 18:19 in the New Living Translation says:

*“I also tell you this: If two of you agree here on earth concerning anything you ask, my Father in heaven will do it for you.”*

The enemy is terrified. . .petrified. . .horrified at the thought of two people coming into the prayer of agreement. . .because He understands the spiritual power that results from the power of two agreeing on anything.

That’s why the enemy will do whatever he can to keep us from coming into the power of agreement.

The enemy fears. . .that’s right he experiences fears too . . . the demon chasing and binding power of two believers who understand their authority, the potential of their agreement, and the inevitable result of that union. Every demon from hell fears the power of two.

“Father, right now I bind every hindering spirit, trick, trap, lie and deception the enemy has planned for every person reading my words. I thank you the Holy Ghost is moving even as these words are being repeated in this prayer of agreement. We agree that the just-getting-by type of thinking is gone forever. We agree that healing virtue is flowing over each of us. . .from the top of our heads to the soles of our feet. In the powerful name of Jesus, we pray. Hallelujah! Amen!”

## 6. The prayer of binding and loosing.

Matthew 18:18 in the Amplified Bible says:

*“I assure you and most solemnly say to you, whatever you bind [forbid, declare to be improper and unlawful] on earth shall have [already] been bound in heaven, and whatever you loose [permit, declare lawful] on earth shall have [already] been loosed in heaven.”*

Bind the devil; bind the infirmity; bind the cancer; bind the arthritis; bind the devil. God understands what is happening in the spirit.

Binding the devil is like fitting him with temporary spiritual handcuffing. You can bind a demon spirit, much like tying something up with rope or chains.

You cannot bind a person's free will, but you can bind the demons affecting or influencing that person.

Remember, we bind demons and evil spirits. . .like sickness but we loose captives or people in bondage.

When Jesus set free the woman with the issue of blood. . .He said to her in Luke 13:12, “Woman, thou art loosed from this infirmity.”

There's so much more that could be said here. . .but time will not allow.

For instance, according to Strong's Concordance the Greek word for *heaven* in Matthew 18:18 is also defined as: "air, sky."

That's why we bind and loose in heaven.

## **7. Taking God's Word as medicine.**

Proverbs 4:20-22 in the Amplified Bible says:

*"My son, pay attention to my words and be willing to learn; Open your ears to my sayings. Do not let them escape from your sight; Keep them in the center of your heart. For they are life to those who find them, And healing and health to all their flesh."*

When you're battling sickness the words you need to hear are from the scripture and words of faith from friends who understand the scriptures.

When I was diagnosed with breast cancer last December 30<sup>th</sup>. . .we created an environment where there was no negativity. . .no doubt. . .only strong words of faith.

Other than my immediate family and several close associates. . .no one knew that I was having cancer surgery of January 15<sup>th</sup>. None of our twenty employees even knew I was going into the hospital until the morning of the surgery and they didn't know why I was there. . .they were just asked to pray for me.

Also, that morning I texted five pastors who are very close to me and asked them to pray for the surgery that I was about to undertake.

Prior to the surgery and the days that followed. . .I heard nothing but words of healing. I'm convinced that's why the lymph nodes and the mass the surgeon removed from my breast were both negative.

Prior to the diagnosis and even the surgery. . .ever time the situation came to my mind I laid my hand across my left breast and prayed.

**"Father, in the name of Jesus, I command this mass to dry up, dissolve or disappear never to return to my body again. . .in any manner, method or location. I thank you that healing virtue flows over me from the top of my head to the soles of my feet. And, I call this down in the strong, healing name of Jesus. Hallelujah and amen."**

## **8. Use of medicines and substances of contact**

2 Kings 2:19-22 AMPC

And the men of the city said to Elisha, Behold, inhabiting of this city is pleasant, as my lord sees, but the water is bad and the locality causes miscarriage and barrenness [in all animals]. [20] He said, Bring me a new bowl and put salt [the symbol of God's purifying power] in it. And they brought it to him. [21] Then Elisha went to the spring of the waters and cast the salt in it and said, Thus says the Lord: I [not the salt] have healed these waters; there shall not be any more death, miscarriage or barrenness [and bereavement] because of it. [22] So the waters were healed to this day, as Elisha had said.



Isaiah 38:1-5,9,21-22 AMPC

In those days King Hezekiah of Judah became ill and was at the point of death. And Isaiah the prophet, the son of Amoz, came to him and said, Thus says the Lord: Set your house in order, for you shall die and not live. [2] Then Hezekiah turned his face to the wall and prayed to the Lord [3] And said, Remember [earnestly] now, O Lord, I beseech You, how I have walked before You in faithfulness and in truth, with a whole heart [absolutely devoted to You], and have done what is good in Your sight. And Hezekiah wept bitterly. [4] Then came the word of the Lord to Isaiah, saying, [5] Go, and say to Hezekiah, Thus says the Lord, the God of David your father: I have heard your prayer, I have seen your tears; behold, I will add to your life fifteen years. [9] This is the writing of Hezekiah king of Judah after he had been sick and had recovered from his sickness: [21] Now Isaiah had said, Let them take a cake of figs and lay it for a plaster upon the boil, that he may recover. [22] Hezekiah also had said, What is the sign that I shall go up to the house of the Lord?

John 9:6-8,11 NLT

Then he spit on the ground, made mud with the saliva, and spread the mud over the blind man's eyes. [7] He told him, "Go wash yourself in the pool of Siloam" (Siloam means "sent"). So the man went and washed and came back seeing! [8] His neighbors and others who knew him as a blind beggar asked each other, "Isn't this the man who used to sit and beg?" [11] He told them, "The man they call Jesus made mud and spread it over my eyes and told me, 'Go to the pool of Siloam and wash yourself.' So I went and washed, and now I can see!"

Acts 19:10-12 NLT

This went on for the next two years, so that people throughout the province of Asia-both Jews and Greeks-heard the word of the Lord. [11] God gave Paul the power to perform unusual miracles. [12] When handkerchiefs or aprons that had merely touched his skin were placed on sick people, they were healed of their diseases, and evil spirits were expelled.

### List of Healings in the Book of Matthew

1. Jesus Heals a Great Multitude (4:23-25).
2. Jesus Heals a Leper (8:1-4).
3. Jesus Heals the Centurion's Paralyzed Servant (8:5-13).
4. Jesus Heals Peter's Mother-in-Law (8:14-15).
5. Jesus Heals a Crowd after the Sabbath's Sunset (8:16-17).
6. Jesus Heals Two Severely Demonized Men (8:28-34).
7. Jesus Heals a Paralyzed Man (9:1-8).
8. Jesus Raises a Ruler's Daughter from the Dead (9:18-19, 23-26).
9. Jesus Heals a Lady of a Haemorrhage (9:20-22).
10. Jesus Heals Two Blind Men (9:27-31).

11. Jesus Heals a Mute Man (9:32-34).
12. Jesus Heals Individuals and Crowds throughout Various Cities (9:35-38).
13. Jesus Gives Power to His Disciples to Heal the Sick and Cast out Demons (10:1-8).
14. Jesus Uses His Healings and Deliverances to Validate His Ministry to John the Baptist (11:1-6).
15. Jesus Severely Rebukes Certain Cities Because His Healing Ministry Among Them Did Not Cause Them to Repent (11:20-24).
16. Jesus Heals a Man of a Withered Hand on the Sabbath (12:9-14).
17. Jesus Heals a Blind Mute by Casting Out Demons (12:22-30).
18. Jesus Refers to Deliverance Ministry in a Classic Scripture (12:43-45).
19. Jesus Heals Crowds in the land of Gennesaret (14:34-36).
20. Jesus Casts a Demon Out of a Foreigner's Daughter (15:21-28).
21. Jesus Heals Crowds of Lame, Blind, Mute, Maimed, and Other Conditions (15:29-31).
22. Jesus Casts a Demon Out of an Epileptic Boy (17:14-21).
23. Jesus Heals Great Multitudes in Judea (19:1-2).
24. Jesus Heals Two Blind Men (20:29-34).

#### **List of Healings in the Book of Mark**

1. Jesus Casts a Demon Out of a Man in the Synagogue (1:21-28).
2. Jesus Heals Peter's Mother-in-Law (1:29-31).
3. Jesus Heals a Crowd in the Evening (1:32-34).
4. Jesus Casts Demons Out of Many in the Synagogues (1:39).
5. Jesus Heals a Leper (1:40-45).
6. Jesus Heals a Paralyzed Man (2:1-12).
7. Jesus Heals a Man with a Withered Hand (3:1-6).
8. Jesus Heals Great Multitudes (3:7-12).
9. Jesus Gives His Disciples Power to Heal the Sick and Cast Out Demons (3:13-15).
10. Jesus Accused of Casting Out Demons by the Power of Satan (3:20-30).
11. Jesus Casts Demons Out of a Man in a Graveyard (5:1-20).
12. Jesus Raises Jairus' Daughter from the Dead (5:21-24, 35-43).
13. Jesus Heals Woman of Haemorrhage (5:25-34).
14. Jesus Prevented From Performing Mighty Miracles in His Home Town (6:1-6).
15. Jesus Gives Power to His Disciples (6:7-12).



16. Jesus Disciples Casts Out Demons and Heal Sick People (6:13).
17. Jesus Heals Whoever Touches Him (6:53-56).
18. Jesus Casts a Demon Out of a Girl (7:24-30).
19. Jesus Heals a Deaf Mute (7:31-37).
20. Jesus Heals a Blind Man in Bethsaida (8:22-26).
21. Jesus Casts Demon Out of Deaf and Epileptic Boy (9:14-29).
22. Unnamed Disciple Casts Out Demons (9:38-40).
23. Jesus Heals Blind Man in Jericho (10:46-52).
24. Jesus Promises Power to Cast Out Demons and Heal the Sick to All Believers (16:14-18).
25. The Disciples Go Out and Heal and Deliver in Jesus' Name (16:19-20).

### **List of Healings in the Book of Luke**

1. Jesus Declares His Ministry to the Sick and Demonized (4:16-30).
2. Jesus Casts a Demon Out of the Man in the Synagogue (4:31-37).
3. Jesus Heals Peter's Mother-in-Law (4:38-39).
4. Jesus Heals Multitudes at Sunset (4:40-41).
5. Jesus Heals a Leper (5:12-16).
6. The Power of the Lord is Present to Heal (5:17).
7. Jesus Heals a Paralyzed Man (5:18-26).
8. Jesus Heals a Man with a Withered Hand (6:6-11).
9. Jesus Heals Crowds (6:17-19).
10. Jesus Heals Centurion's Servant (7:1-10).
11. Jesus Raises Widow's Son from the Dead (7:11-17).
12. Jesus Heals Many of Sicknesses and Demons and Tells John's Disciples to Report What They Have Seen (7:18-23).
13. Many Women Were Healed of Evil Spirits and Sicknesses (8:1-3)
14. Demonized Man Healed (8:26-39).
15. Jesus Raises Girl from the Dead (8:40-42, 49-56).
16. Jesus Heals Lady of Haemorrhage (8:43-48).
17. Jesus Gives Authority to His Disciples to Cast Out Demons and Heal Sicknesses (9:1-6).
18. Jesus Heals Crowds Who Had Followed Him (9:10-11).
19. Jesus Heals Demonized Boy (9:37-43).
20. Jesus Gives Power and Authority to Seventy Disciples to Cast Out Demons and Heal Sicknesses (10:1-12).

21. Jesus Rebukes Certain Cities for Not Properly Responding to His Miracles of Healing and Deliverance (10:13-16).
22. The Seventy Disciples Return and Report of their Healing Ministry (10:17-20).
23. Jesus Casts Out a Mute Spirit (11:14-26). Jesus Heals Woman with a Crippling Spirit of Infirmary (13:10-17).
24. Jesus Reaffirms His Miracle Healing Ministry to King Herod (13:31-33).
25. Jesus Heals a Man with Dropsy (14:1-6).
26. Jesus Heals Ten Lepers (17:11-19).
27. Jesus Heals a Blind Man (18:35-43).
28. Jesus Heals His Enemy's Ear (49-51).

### **List of Healings in the Book of John**

1. Jesus Heals Paralyzed Man at the Pool of Bethesda (5:1-47).
2. Jesus Heals a Man Born Blind (9:1-41).
3. Jesus Raises Lazarus from the Dead (11:1-47).

### **List of Healings in the Book of Acts**

1. Peter and John Heal a Man Lame from Birth (3:1-1-26; 4:1-31).
2. Christians Ask God to Validate Their Message with Healing, Signs, and Wonders (4:29-30).
3. God Answers the Christians' Prayer for Healings (31-32).
4. The Apostles Heal and Deliver Many (5:12-16).
5. Stephen, a Non-Apostle, Works Miracles (6:8-15; 7:1-60; 8:1-3).
6. Philip, a Non-Apostle, Heals the Sick and Casts Out Demons (8:4-8).
7. Paul is Healed by Ananias (9:1-19).
8. Peter Heals Man of Paralysis (9:32-35).
9. Peter Raises Lady from the Dead (9:36-42).
10. Signs and Wonders Done by Paul and Barnabas (14:1-3).
11. Paul Heals a Paralyzed Man (14:8-18).
12. Paul Casts a Spirit of Divination Out of a Girl (16:16-40).
13. Paul Works Unusual Miracles in Ephesus (19:11-20).
14. Paul Heals Many on the Island of Malta (28:7-10).

### **List of Healings in the Book of Romans**

1. Abraham and Sarah Overcome Infertility and Receive a Child by Faith (4:1-25).
2. Paul References His Miraculous Ministry to the Gentiles (15:18-20).

### **List of Healings in the Book of 1 Corinthian**

- Supernatural Spiritual Gifts Discussed; Healing and Miracles Included (12-14).

### **List of Healings in the Book of Galatians**

- Paul Asks Galatians about Miracles Performed in their Midst (3:1-5).

### **List of Healings in the Book of Ephesians**

- Reference Made to Dedicated Public Ministries that Characteristically are to Exhibit Supernatural Gifts (4:7-16).

### **List of Healings in the Book of Philippians**

- Epaphroditus, a Friend of Paul, Was Healed by God (25-30).

### **List of Healings in the Book of James**

- Prayer for the Sick Encouraged (5:14-18).

### **List of Healings in the Book of 1 Peter**

- Reference Made to Christ as Our Healer (2:24).

## **OLD TESTAMENT HEALINGS**

Old Testament healings primarily showcase God as the supreme healer (Jehovah Rapha) directly or through prophets, often restoring physical health, curing leprosy, or reversing barrenness

. Key acts include Abraham healing Abimelech (Gen 20:17), Elisha healing Naaman's leprosy (2 Kings 5), and Isaiah healing Hezekiah (2 Kings 20).

### **Key Healings and Miraculous Restorations**

- **Abraham's Prayer:** God healed Abimelech and his household of barrenness.
- **Miriam's Leprosy:** Moses prayed for his sister Miriam, and God healed her leprosy (Numbers 12:13-15).

- **The Waters of Jericho:** Elisha purified the poisonous water, bringing health to the land (2 Kings 2:21).
- **Elijah and the Widow's Son:** Elijah restored life to the widow's son (1 Kings 17:17-24).
- **Shunammite's Son:** Elisha raised the Shunammite woman's son from the dead (2 Kings 4:34).
- **Naaman's Leprosy:** Elisha instructed Naaman to wash in the Jordan River, curing his leprosy (2 Kings 5:14).
- **Jeroboam's Hand:** A prophet interceded to heal King Jeroboam's shrivelled hand (1 Kings 13:6).
- **Hezekiah's Terminal Illness:** God added 15 years to King Hezekiah's life, utilizing a fig poultice (2 Kings 20:7).
- **Job's Personal Healing:** After his trials, Job was restored to health (Job 42:10-17).
- **Nebuchadnezzar's Insanity:** The king was healed of mental illness upon recognizing God (Daniel 4:34-36).
- **Elisha's Bones:** A dead man was restored to life upon touching Elisha's bones (2 Kings 13:21).
- **Jonah's Delivery:** Jonah was delivered from the fish (Jonah 2).

### **Types of Healing in the Old Testament**

- **Physical Restoration:** Curing leprosy (Naaman), illness (Hezekiah), and paralysis (Jeroboam).
- **Raising the Dead:** Elijah and Elisha both raised children to life.
- **Healing the Land/Nature:** Purifying water and curing diseased food (2 Kings 2, 4).
- **Restoring Barrenness:** Allowing women to conceive (Shunammite woman).
- **Deliverance from Insanity:** Nebuchadnezzar.

Many of these healings were not just physical but symbolic, highlighting God's power to restore his people from sinful conditions.

## Three things to do before you receive your healing.

### First, ask God to forgive you of any and all sin in your life.

Not all sickness is caused by sin, however, **it gives the enemy access to your life, especially your thought processes.**

James 5:14-15 in the Amplified Bible says:

*“Is anyone among you sick? He should call in the church elders (the spiritual guides). And they should pray over him, anointing him with oil in the Lord's name. And the prayer [that is] of faith will save him who is sick, and the Lord will restore him; and if he has committed sins, he will be forgiven.”*

According to 1 John 1:9 **if we ask. . .He will forgive our sins.** The Amplified Bible says:

*“If we [freely] admit that we have sinned and confess our sins, He is faithful and just (true to His own nature and promises) and will forgive our sins [dismiss our lawlessness] and [continuously] cleanse us from all unrighteousness [everything not in conformity to His will in purpose, thought, and action].”*

### Second, realize that unforgiveness will prevent God from hearing or answering your prayers.

Mark 11:25-26 in the Amplified Bible says:

*“And whenever you stand praying, if you have anything against anyone, forgive him and let it drop (leave it, let it go), in order that your Father Who is in heaven may also forgive you your [own] failings and shortcomings and let them drop. But if you do not forgive, neither will your Father in heaven forgive your failings and shortcomings.”*

If you have any doubt about what I'm saying, then understand the words of Psalm 66:18:

*“If I regard iniquity in my heart, the Lord will not hear me.”*

### Third, develop your knowledge of the Word to overcome sneak attacks of the enemy.

Spiritually speaking, **you are feeding on the Word. . .or you're feeding on fear and doubt.** The latter two will increase the likelihood of your being sick or getting sick on a continual basis. The enemy also feeds on fear and doubt. **It's time we starve the rascal to death.**

When you study the scriptures you realize the reality of verses like 1 John 5:14-15 in the Amplified Bible:

*“And this is the confidence (the assurance, the privilege of boldness) which we have in Him: [we are sure] that if we ask anything (make any request) according to His will (in agreement with His own plan), He listens to and hears us.*

*“And if (since) we [positively] know that He listens to us in whatever we ask, we also know [with settled and absolute knowledge] that we have [granted us as our present possessions] the requests made of Him.”*

One last thing. . .if you or someone you know needs the healing touch of God. . .I strongly encourage you to visit our website [haroldherring.com](http://haroldherring.com) where you can

double click on the button for Personalized Scriptures. There are seven healing scriptures which will be personalized for you.

When personalized, Exodus 15:26 says:

*"If Harold diligently heeds the voice of the LORD his God and does what is right in His sight, gives ear to His commandments and keep all His statutes, I will put none of the diseases on Harold...For I am the LORD who heals Harold."*

It's time we see more folks healed...Jesus died to make it so.

WRITTEN BY HAROLD HERRING