

RCCG INTERNATIONAL CHRISTIAN CENTRE -
LIGHTHOUSE LESSON OUTLINE
A Christ-Centred Church with a Heart of Compassion

Message Date: 28/06/2026 Lighthouse Meeting Date: 30/06/2026	Message Title: GOD IS A STRONG TOWER Minister: Pastor Nicole Nwafor
Key Texts: Proverbs 18:10-11	Sub Text: Romans 10:13, Isaiah 26:3, Luke 12:16-25

Please read the entire document and Bible texts before you begin to discuss and answer the related questions. This will help you grasp the overall context of the message, however, remember the Bible is not a discussion book but a decision book. God honours and empowers your decisions not your discussions.

INTRODUCTION

Every human heart longs for security. Whether acknowledged or not, every person is searching for something strong enough to lean on when life becomes uncertain. Some place their confidence in wealth, believing financial security will protect them. Others rely on education, influence, professional success, family connections, or political power. Yet history tells the same story in every generation: every human refuge eventually proves inadequate.

Scripture points us to a very different source of confidence. Rather than directing us to something God provides, it directs us to God Himself. **“The name of the Lord is a strong tower; the consistently righteous man (upright and in right standing with God) runs into it and is safe, high [above evil] and strong.”**Proverbs 18:10 (AMPC)

Notice that Solomon does not merely say the Lord *gives* protection; he declares that the Lord Himself is the believer's refuge. This is one of the great themes woven throughout Scripture: God does not simply send help in times of trouble, He invites His people to find their security in His presence.

David testified to this truth, not from theory but from experience. Hunted by enemies, betrayed by trusted companions, and surrounded by circumstances beyond his control, he declared: **“For You have been a shelter and a refuge for me, a strong tower against the adversary.”**Psalms 61:3 (AMPC)

The same God who sustained David remains the refuge of His people today. He has not changed, His power has not diminished, and His faithfulness has not failed.

As we study this subject, we will discover why God calls Himself our Strong Tower, what it means to run to Him in faith, and how His presence provides courage, stability, and peace even when the pressures of life remain unchanged.

HISTORICAL AND BIBLICAL CONTEXT

In the Ancient Near East, a tower was far more than an architectural feature; it was an essential part of a city's defence system. Towers were strategically built into city walls to serve as watchposts,

strongholds, and places of refuge. When an invading army approached, people fled to these fortified structures because they were designed to withstand attacks that ordinary homes could not.

Against this historical backdrop, Solomon's words in Proverbs 18:10 would have carried immense significance. His audience immediately understood the value of a strong tower. It represented safety when danger was near, confidence when fear threatened, and security when every other defence had failed.

By using this imagery, Solomon was making a profound theological statement. The believer's ultimate security is not found in physical fortifications but in the name of the Lord. Throughout Scripture, God's name represents His revealed character, His covenant faithfulness, His authority, and His sovereign power. To run to His name is to place complete confidence in who He is and in His unfailing promises.

This truth is echoed throughout both the Old and New Testaments. Through the prophet Joel, God declared: **“And whoever shall call upon the name of the Lord shall be delivered and saved...” Joel 2:32 (AMPC)**

Centuries later, the Apostle Paul affirmed that this promise remains unchanged: **“For everyone who calls upon the name of the Lord [invoking Him as Lord] will be saved.” Romans 10:13 (AMPC)**

Paul's quotation demonstrates the continuity of God's redemptive plan. Under both the Old Covenant and the New Covenant, salvation, deliverance, and lasting security are found in the Lord alone.

KEY POINT 1: THE NAME OF THE LORD IS A LITERAL REFUGE

Solomon's language in Proverbs 18:10 is deliberate. He does not say the righteous merely think about the Lord in trouble; he says they **run** to Him. The picture is one of urgency and trust, like people fleeing to a fortified tower when danger appears.

The next verse exposes the contrast: **“The rich man's wealth is his strong city, and as a high wall in his own imagination and conceit.” Proverbs 18:11 (AMPC)**

Wealth may feel secure, but it is only a wall in the imagination. The Lord, however, is a real Strong Tower. He alone can truly protect, preserve, and sustain. **“God is our Refuge and Strength [mighty and impenetrable to temptation], a very present and well-proved help in trouble.” Psalm 46:1 (AMPC)**

Earthly security is temporary; God's refuge is not.

Practical Application

When trouble comes, where do you run first—to your resources, your connections, or the Lord? Faith is shown not only by what we believe, but by where we turn first. The believer who runs to God discovers a refuge that is sure, sufficient, and unchanging.

Scripture Focus:

The name of the Lord is a strong tower; the [uncompromisingly] righteous run into it and are safe, set on high [far above t* heir enemies]."Proverbs 18:10 (AMPC)

Digging Deep / Self-Reflection:

When trouble strikes at 2 a.m., who or what is the very first name that comes to your mind, and does that reveal where your true tower actually is?

KEY POINT 2: CALLING ON HIS NAME BRINGS GOD'S DELIVERANCE

Joel 2:32 was spoken during a time of national catastrophe. Judah had experienced devastating locust plagues, famine, and the looming reality of divine judgment. Yet, even in the midst of such devastation, God extended an extraordinary invitation: **"And whoever shall call upon the name of the Lord shall be delivered and saved..."Joel 2:32 (AMPC)**

What makes this promise remarkable is that it was given not after the crisis had passed, but while the crisis was unfolding. God did not promise that His people would never face adversity; He promised that those who called upon Him would find deliverance.

The emphasis is not on human strength but on God's faithfulness. Centuries later, Paul confirms the same truth: **"For everyone who calls upon the name of the Lord [invoking Him as Lord] will be saved."**Romans 10:13 (AMPC)

Under both covenants, God responds to those who call on Him in faith. His help is never limited by distance, weakness, or inability.

Practical Application

In fear, grief, or uncertainty, do not let anxiety be your first response. Call upon the Lord. Pray specifically and expectantly, trusting His promise: **"Call to Me and I will answer you and show you great and mighty things, fenced in and hidden, which you do not know..."Jeremiah 33:3 (AMPC)**

Scripture Focus:

For everyone who calls upon the name of the Lord [invoking Him as Lord] will be saved. Romans 10:13 (AMPC)

Digging Deep / Self-Reflection:

Is there a burden you have been carrying silently that you have never actually voiced to God in prayer and what is stopping you from calling now?

KEY POINT 3: PEACE IS GUARDED BY A FIXED MIND, NOT A FIXED CIRCUMSTANCE

Isaiah makes a remarkable promise, but it is important to understand exactly what he is, and is not saying. He does not promise that God will remove every difficulty or immediately change every circumstance. Instead, he promises something far deeper: **"You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You."**Isaiah 26:3

(AMPC)

The promise of peace is not rooted in favourable circumstances but in a steadfast focus on God. Peace is the fruit of trust, not the absence of trouble. The person whose thoughts remain anchored in God's character discovers an inner stability that external pressures cannot destroy.

Jesus was teaching that anxiety has never secured the future. It magnifies our fears without changing our circumstances. Faith, however, fixes the mind on the One who holds both the present and the future in His hands.

Practical Application

When anxiety rises, do not dwell on what you cannot control. Turn your thoughts to God's character and promises, and let His faithfulness steady your heart. A mind fixed on the problem produces fear; a mind fixed on God produces peace.

Scripture Focus

"You will guard him and keep him in perfect and constant peace whose mind [both its inclination and its character] is stayed on You, because he commits himself to You, leans on You, and hopes confidently in You." Isaiah 26:3 (AMPC)

Digging Deep / Self-Reflection

What savings, position, plan, have you quietly been trusting to secure your future more than you trust God Himself?

KEY POINT 4: NO HUMAN TOWER CAN OUTLAST DEATH, ONLY GOD'S CAN

The parable of the rich fool is not a condemnation of wealth; it is an exposure of misplaced trust. The man's failure was not that he possessed great abundance, but that he believed his abundance could secure his future.

Jesus records his confidence: **"And I will say to my soul, Soul, you have many good things laid up, enough for many years. Take your ease; eat, drink, and enjoy yourself merrily."** Luke 12:19 (AMPC)

His confidence rested entirely upon what he had accumulated. Yet God interrupted his plans with these sobering words: **"But God said to him, You fool! This very night they [the messengers of God] will demand your soul of you; and all the things that you have prepared, whose will they be?"** Luke 12:20 (AMPC)

In a single moment, everything the man trusted was exposed as powerless. His wealth could not delay death, purchase another day of life, or preserve his soul. Every human stronghold has limits. Wealth has limits. Power has limits. Human wisdom has limits. Even the strongest body eventually yields to death.

Only God remains beyond those limits.

This is why Scripture consistently directs our confidence away from what is temporary and toward

the Lord, whose kingdom is everlasting and whose authority extends even over death itself.

The risen Christ declared: **“And the Ever-living One [I am living in the eternity of the eternities]. I died, but see, I am alive forevermore; and I possess the keys of death and Hades (the realm of the dead).” Revelation 1:18 (AMPC)**

The One who conquered death is the only refuge that death cannot conquer. Every earthly tower will eventually crumble, but the believer who trusts in Christ is anchored in an eternal kingdom that cannot be shaken.

Practical Application

Examine where your deepest confidence rests. If it is in career, savings, health, or relationships, it will not endure forever. Place your hope in Christ alone, whose authority reaches beyond death and into eternity.

Scripture Focus

"But God said to him, You fool! This very night your soul is demanded of you; and the things you have prepared, whose will they be?" Luke 12:20 (AMPC)

Digging Deep / Self-Reflection

If everything you currently rely on were stripped away tonight, would your peace and identity remain intact or would it collapse with it?

CONCLUSION:

Every person has someone or something they instinctively turn to when trouble comes, and there is nothing wrong with seeking wise counsel or receiving support from others. God often works through people to encourage, strengthen, and help us. Yet Scripture draws a clear distinction between human help, which is limited, and God's help, which is unfailing.

Every earthly refuge has its limits. Wealth cannot guarantee tomorrow. Influence cannot prevent suffering. Human strength cannot overcome death. Even the most carefully built life cannot shield a person from the uncertainties of this world.

But the Lord is different. **“The name of the Lord is a strong tower; the consistently righteous man (upright and in right standing with God) runs into it and is safe, high [above evil] and strong.” Proverbs 18:10 (AMPC)**

His refuge is not imaginary; it is real. His protection is not temporary; it is eternal. His faithfulness does not diminish with time or circumstance.

God's invitation remains open to every person: **“For everyone who calls upon the name of the Lord [invoking Him as Lord] will be saved.” Romans 10:13 (AMPC)**

Notice the breadth of that promise. It is not reserved for the wealthy, the influential, the educated, or the strong. It is for **everyone** who calls upon the name of the Lord in faith.

The question this message leaves with each of us is both simple and searching:

When trouble comes, where do you run to?

The answer to that question will reveal where your confidence truly rests. May we be people who run first, and always to the only Strong Tower that can never be shaken: the Lord Himself.

PRAYER POINTS

- **Father, forgive me for trusting human strength before You. Teach me to run first to Your name, for “The name of the Lord is a strong tower...” (Proverbs 18:10, AMPC).**
- **Lord Jesus, I call on Your name today over every burden and hidden struggle. You have said, “Call to Me and I will answer you...” (Jeremiah 33:3, AMPC).**
- **Father, guard my heart and mind with Your perfect peace. Keep my thoughts stayed on You (Isaiah 26:3, AMPC).**
- **Lord, expose every false refuge in my life and root my trust in Christ alone, whose authority extends even over death (Revelation 1:18, AMPC).**
- **Father, thank You for Your faithfulness. Let every person here call on Your name with confidence, knowing that “everyone who calls upon the name of the Lord... will be saved” (Romans 10:13, AMPC).**

In the mighty name of Jesus Christ, Amen.

**POINTS
TO
PONDER**

What did you hear?

What point in this message was most impactful for you?

What do you think?

How did this message challenge, change, or affirm your thinking?

What will you do?

How will you put into practice what you have learned today?

Please note that the Bible is not a discussion book but a decision book.

God honours and empowers your decisions not your discussions.

This is the most important part of tonight’s meeting The Holy Spirit awaits your decisions.

From this day forth:

(1) I will....

(2) I can.....

(3) I must.....

General Prayer points:

- ✚ Prayer regarding Lessons learnt today
- ✚ Pray for special needs of LightHouse Care Group Members
- ✚ Pray for your Pastors, Leaders and Workers in God’s vineyard
- ✚ Pray for increase and the ability to reach your neighbours and winning of new Disciples for Christ through Lighthouse Fellowship

Seven things we must seek whenever we come to the presence of God - Lighthouse Meeting:

(1) The knowledge of God, Jesus Christ & the Holy Spirit through the Word.

- (2) Is there any sin, transgression or iniquity (habit/attitude/ mind-set or behaviour) that needs to be repented, confessed and forsaken?
- (3) Is there any promise to be claimed, any inheritance to be possessed?
- (4) Is there any instruction to be obeyed, direction to be received, and guidance to be followed?
- (5) Is there any example to be followed/emulated or any example to be weary of and discontinued?
- (6) Is there any battle against the enemy to be fought and won?
- (7) Is there any relationship that needs to be healed and restored, or any that needs to be terminated or separated from?

For further information please contact the admin office or visit (admin@rccg-iccuk.org / 07514 011221)